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Offering the solution for your frequently ill child, and backed up by a multitude of scientific studies, Disease Proof Your Child further explains how eating particular foods and how avoiding others can have a significant impact on your child's resistance to dangerous infections, their intelligence, and their success in school.

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Adult cancers rates continue on a steep incline and what research is starting to show is that cancer is predominantly caused by what we ate as children.

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Dr. Fuhrman presents the fascinating science which demonstrates that the current epidemic of adult cancers and other diseases are closely linked to what we eat. In the first quarter of our life, he explains that eating right in childhood is the most powerful weapon against the growing cancer epidemic. Also, he reveals how the seeds for future autoimmune diseases are sown in childhood, and how by eating right today, children can be healthy tomorrow.

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Disease Proof Your Child Feeding Kids Right Joel Fuhrman

The fourth chapter takes us into the present-day kitchen. The big task is how to bring Nutritional Excellence into your own home. Here, Dr. Fuhrman imparts his

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Disease Proof Your Child by Joel Fuhrman

In his private practice, Joel Fuhrman, M.D. helps families transform their eating habits and recover their health. His nutrient-rich eating plan can have a significant impact on your child's resistance to dangerous infections, and a dramatic effect on reducing the occurrence of illnesses like asthma, ear infections, and allergies.

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Disease Proof Your Child by Dr Joel Fuhrman Wholly

In his book, Dr. Joel Fuhrman details how we can prevent disease (cancer, heart disease, diabetes, asthma, allergies, digestive disorders and more) with optimal nutrition. Prevention allows us to decrease the risk of having to be in crisis and treatment mode in the future. Feeding kids healthy from the get-go is like being on offense rather than defense.

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Dr. Fuhrman presents the fascinating science that demonstrates how the current epidemic of adult cancers and other diseases is most closely linked to what we eat in the first quarter of life.

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Disease Proof Your Child Feeding Kids Right Audio Book

Additionally, Dr. Fuhrman illustrates how eating this nutrient rich diet during childhood is the most powerful weapon against developing cancer, cardiovascular disease, and autoimmune diseases in the future. Also featured are child-tested recipes that are delicious, easy to prepare, and great for the whole family. This is a book every parent should read so that they can make sure they are doing everything they can to protect their child's health.

Don't raise your child without it.

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Dr. Fuhrman explains how you can make sure your children are eating right to maintain a healthy mind and body, and how eating certain foods and avoiding others can positively impact your child's IQ and success in school. He also presents the fascinating science that demonstrates that the current epidemic of adult cancers and other diseases is closely linked to what we eat in the first quarter

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Disease Proof Your Child Part 1

Go Vegan Radio's Bob Linden interviews Dr Joel Fuhrman, MD, a family physician who specialises in preventing and reversing disease through nutritional and natural methods.

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Disease Proof Your Child Feeding Kids Right by Joel

Bolstered by this scientific evidence, he helps you do everything you can to protect your child against developing diabetes, cardiovascular disease, autoimmune diseases, and cancer through a solid nutritional groundwork.

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